

## Vaccinations

\*The contents are current as of the 2022 fiscal year.  
For the latest contents, please refer to the Japanese version, or the City's website for the latest information.

Individual notifications will be sent regarding the following vaccinations.

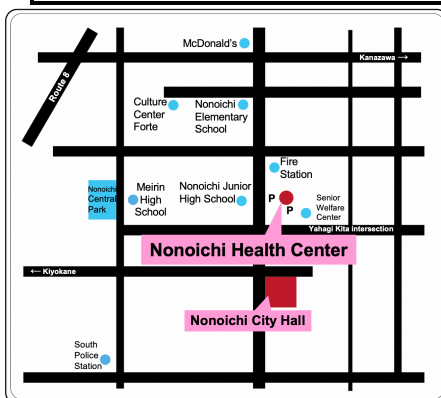
If you moved to Nonoichi, please bring your Maternal and Child Health Handbook (if you do not have one, please bring one that shows your immunization history) to the Health Center. You will be issued a vaccination ticket. This is free of charge (limited to inoculations within the validity period indicated on the vaccination ticket).

Vaccination name		Age	Number of Inoculations	Notification
Rota		6 weeks to 24 weeks (32 Weeks)	2-3 times <small>※Depends on the number and type of previous vaccinations</small>	Mailed out at the end of the month following the child's birthday.
Hepatitis B		2 months to 11 months	3 times	
Haemophilus influenza type b		2 months to 4 years	4 times <small>※Depends on the starting age</small>	
Pediatric Pneumococcal		2 months to 4 years	4 times <small>※Depends on the starting age</small>	
DPT-IPV (Diphtheria, Pertussis, Tetanus, and Polyacrylates)		3 months to 7 years 5 months	First time 3 times Additional dose 1 time	
BCG		3 months to 11 months	1 time	Mailed out one month before your child's first year of kindergarten.
Varicella		1 year to 2 years	2 times	
Measles and Rubella (MR)	Phase 1	1 year	1 time	
	Phase 2	6 years	1 time	Mailed out at the end of the month your child turns three.
Japanese Encephalitis	Phase 1 (First time/Additional dose)	6 months to 7 years 5 months	First time 2 times Additional dose 1 time	
	Phase 2	9 years to 12 years	1 time	Mailed out at the end of the month your child turns nine.
DT (Diphtheria and Tetanus)		11 years to 12 years	1 time	Mailed out at the end of the month your child turns eleven.
HPV Cervical cancer		Females 12 years to 16 years	3 times	Mailed out one month before your child's first year of middle-school.

- Women born between April 2, 1997 and April 1, 2005 who have not completed three doses of HPV vaccine can receive the remaining doses free of charge until March 31, 2025.
- Japanese Encephalitis vaccine is available for those born between April 2, 1995 and April 1, 2007, and have not been vaccinated three times until the age of 19.
- Please consult with the Health Promotion Section if you have a disease that requires long-term medical treatment and you were not able to receive the vaccination during the eligible age period.

## Support for children's vaccinations

Eligible vaccinations	Mumps, influenza, and hepatitis A. Voluntary vaccinations for children who are not of the routine immunization age.
Amount	Maximum 1,000 yen per vaccination
Frequency	Once per fiscal year
Eligible person	Residents up to the 3rd year of middle school at the time of vaccination or application submission
Application period	Within 1 year from the month following the date of vaccination
What you need to apply	Bankbook in the name of the applicant (guardian) Original receipt (Should be stamped, with the following listed: The name of the person to be vaccinated, medical institution, date, type of vaccination, and the fee amount)
Send application	To Health Promotion Section (inside the Health Center)



Contact the Child-rearing Support Section for nursery schools and child medical expense inquiries.  
Child-rearing Support Section (in City Hall) 076-227-6077

For inquiries about  
**Health check-ups, Consultation, and Vaccinations,**  
contact  
〒921-8825  
Sannō 3-128, Nonoichi  
**Nonoichi Health Promotion Section**  
(in the Health Center)  
TEL 076-248-3511  
FAX 076-248-7771  
(Weekdays: 8:30 am - 5:15 pm)



## Important Dates for Your Child's Healthy Growth



Translated by Kanazawa Institute of Technology  
Updated Feb. 2023

### Pregnancy period

#### Class for expecting mothers and fathers

Eligibility : Pregnant women in 5-8 months of pregnancy and their families  
Place : Health Center  
Content : Health check results explanation, nutrition during pregnancy, how to hold your baby



For schedule and reservation, please check the Japanese version of the Sukusuku Health Calendar, or the city's website.

※Subject to change or cancellation depending on the infection rates.

#### Classes for expecting mothers and fathers are now available on the city's official YouTube channel!

The lectures are available on the city's official YouTube page.  
If you are pregnant or have a family member who is pregnant, please watch it. (in Japanese)



#### Online Consultation

Eligibility : Pregnancy to around 1 year of age  
Method : Online consultation (Zoom)

Content : Public health nurses and nutritionists are available for individual consultation.

Application : If you would like to apply, please send us an email. For more information, please visit the city website.



City website



Apply online

#### Pregnancy Health Consultation

If necessary, a public health nurse, dietitian, or midwife will make phone calls, interviews, or home visits

Pregnancy

Issuance of Maternal and Child Health Handbook  
Issuance of Maternal and Child Health Checkup



Birth



#### General health check-ups for expectant mothers

Get regular prenatal checkups to ensure the health of mother and baby.

Eligibility : Pregnant women (limited to residents)  
Location : Medical institutions and midwifery centers in Ishikawa

Please bring : Maternal and Child Health Handbook, Medical Examination Form  
attached to the Maternal and Child Health Checkup Voucher Booklet (妊①~⑭).



#### Dental check-ups for expectant mothers

Periodontal disease is correlated with higher rates of premature delivery. See your doctor as soon as possible after you enter the stable period.

Eligibility : Pregnant women (limited to residents)  
Location : Designated Dentists

Please bring : Mother and Child Health Handbook, Dental Examination Form attached to the Maternal and Child Health Checkup Voucher Booklet

\*Please make an appointment with the designated dentist.

## Infant & Child Health Checkup and Consultation

An interpreter can help you at the events marked with ★ for free. Please request this service at the Health Center.

### Home visitation

A Public Health Nurse or Midwife will visit your home to check your child's height and weight, and do a care consultation.



### ★4-Month Checkup

Place : Health Center  
Registration time : 1:15 pm - 2:00 pm  
Details : Height and weight check, medical examination by doctor, and child-care consultation

Closing time : 3:30 pm - 4:00 pm

※The dates are specified in the notification which we send out.

### ★10-Month Consultation

Place : Health Center  
Registration time : 9:15 am - 11:00 am  
Details : Height and weight check and child-care & nutrition consultation

Closing time : 11:00 am - 12:00 pm

※The dates are specified in the notification which we send out.

### ★1 Year and 6-Month Checkup

Place : Health Center  
Registration time : 1:15 pm - 2:00 pm  
Details : Height and weight check, medical examination by doctor & dentist, and child-care & nutrition consultation

Closing time : 3:30 pm - 4:00 pm

※The dates are specified in the notification which we send out.

### ★3 Years and 4-Month Checkup

Place : Health Center  
Registration time : 1:15 pm - 2:00 pm  
Details : Height and weight check, examination by doctor & dentist, urinalysis, and child-care & nutrition consultation

Closing time : 3:30 pm - 4:00 pm

※The dates are specified in the notification which we send out.

Birthday



4 month



10 month

1 year old



1 year & 6 months



3 year & 4 months



### 1-month Checkup

Eligibility : Up to 3 months of age  
Place : Medical facilities in  
What to bring : Maternal and Child Health Handbook, Medical Examination Form attached to the Maternal and Child Health Checkup Voucher Booklet (妊①).

※No individual notification will be given, so please see the doctor within the above timeframe.

### Weaning food, etc., are now on the city's official YouTube channel!

The city's official YouTube page provides information on weaning and other related topics. In addition, materials on development and baby food are available on the city website. Please refer to it (in Japanese).



### 11-months Checkup

Eligibility : From 11 months old until the day before child turns 1 year and 1 month  
Place : Medical facilities in Ishikawa  
What to bring : Maternal and Child Health Handbook, Medical Examination Form attached to the Maternal and Child Health Checkup Voucher Booklet (乳②).

※No individual notification will be given, so please see the doctor within the above timeframe.  
※Please make sure to make an appointment with the hospital prior to the checkup, as some hospitals may not be able to provide checkups.

### Telephone Consultation

We are always available to consult you by phone regarding child development, diet, vaccinations, etc.

**Nonoichi city Health Promotion Section**  
**076-248-3511**

weekday  
(8:30 am - 5:15 pm)

### Childcare Support Center

We provide continuous support to help you feel at ease from pregnancy to child rearing. If you have any concerns about pregnancy or child rearing, please feel free to contact us!



**Health Promotion Section**  
**076-248-3511**

**Child Care Support Center Sugahara**  
**076-248-4634**